



TWST Swimming

Meet Entry Form 08-09 Short Course Season

Meet: NIAGARA DISTRICT "BRONZE" SINGLE-AGE MEET Hosted by: Eden Dolphins

Date: Saturday & Sunday - January 17 & 18, 2009

Location: Eden High School, 3150 School View, Eden NY 14057

Session Information:	SESSIONS:	Age Groups	Warm-up Time	Meet Start Time
<i>Saturday Events - Limited to 5 events per day</i>				
	1	12 & under male swimmers 10 & under female swimmers	7:30 am	8:30am
	2	13 & over male swimmers 11 & over female swimmers	12:30 am	1:30 am

DISTANCE EVENTS: 400 IM & 1000 FREESTYLE SWIMMERS MUST CIRCLE-IN BY THE START TIME OF THE APPLICABLE SESSION, & SUPPLY THEIR OWN TIMERS & COUNTERS

<i>Saturday Events - Limited to 5 events per day</i>				
	3	12 & under male swimmers 10 & under female swimmers	7:30 am	8:30am
	4	13 & over male swimmers 11 & over female swimmers	12:30 am	1:30 am

Entries Due: December 23, 2008

Notice: Complete the bottom portion of this form and return with meet fees to your coach no later than the due date listed above. **Swimmers will not be entered without meet fee payment.** If you have any questions please speak with your coach.



TWST Swimming

Meet Entry Form 08-09 Short Course Season

Meet: *Niagara District Single Age Bronze Meet*

Date: *January 17-18, 2009*

Swimmer Name: _____

Age at start of Meet: _____

Day 1	Day 2
Event #/ Age Group/Description	Event #/ Age Group/Description
_____	_____
_____	_____
_____	_____
_____	_____

My swimmer is available for relays at this meet - yes no

Note: Relays will be filled upon availability of swimmers. Relays will be billed after the meet.

Total number events: _____

X entry fee per event (\$4.50): _____

+ deck fee per swimmer (\$5.00): _____

Total fees due: _____

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SATURDAY - ORDER OF EVENTS FOR SESSION 1

SWIMMERS MUST CIRCLE IN FOR THE 400 IM & 1000 FREE BY THE START OF THE APPLICABLE SESSION. SWIMMERS IN THE 400 IM AND 1000 FREESTYLE MUST SUPPLY OWN TIMERS AND COUNTERS. EVENTS/HEATS WILL BE COMBINED WHENEVER POSSIBLE.

Female	Age	Slower Than	Event Description	Slower Than	Age	Male
			200 Breaststroke	3:15.59 3:07.39	11 12	2
3	9 & u 10	38.19 36.19	50 Freestyle	37.89 35.59 33.29 30.99	9 & u 10 11 12	4
5	9 & u 10	1:52.84 1:42.09	100 Butterfly	1:51.24 1:40.59 1:29.94 1:19.29	9 & u 10 11 12	6
			500 Freestyle	7:05.14 6:35.09	11 12	8
9	9 & u 10	1:33.99 1:33.99	100 Backstroke	1:39.19 1:32.49 1:25.79 1:19.09	9 & u 10 11 12	10
11	9 & u 10	51.09 47.79	50 Breaststroke	51.74 48.19 44.64 41.09	9 & u 10 11 12	12
13	9 & u 10	1:41.44 1:34.39	100 Individual Medley	1:37.94 1:31.39 1:24.84 1:18.29	9 & u 10 11 12	14
15	9 & u 10	3:11.79 2:58.29	200 Freestyle	3:02.34 2:50.89 2:39.44 2:27.99	9 & u 10 11 12	16
17	10 & u		200 Medley Relay	12 & u		18
19			400 Individual Medley	6:10.59 5:59.59	11 12	20

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SATURDAY PM- ORDER OF EVENTS FOR SESSION 2

SWIMMERS MUST CIRCLE IN FOR THE 400 IM & 1000 FREE BY THE START OF THE APPLICABLE SESSION. SWIMMERS IN THE 400 IM AND 1000 FREESTYLE MUST SUPPLY OWN TIMERS AND COUNTERS. EVENTS/HEATS WILL BE COMBINED WHENEVER POSSIBLE.

Female	Age	Slower Than	Event Description	Slower Than	Age	Male		
21	11	3:18.49	200 Breaststroke			22		
	12	3:12.49						
	13	3:07.24					2:58.39	13
	14	3:01.99					2:49.39	14
	15&O	2:58.39					2:42.59	15&O
23	11	34.19	50 Freestyle			24		
	12	32.19						
	13	31.59					29.89	13
	14	30.99					28.79	14
	15&O	30.49					27.49	15&O
25	11	1:31.34	100 Butterfly			26		
	12	1:20.59						
	13	1:17.19					1:13.99	13
	14	1:13.79					1:08.69	14
	15&O	1:12.39					1:05.59	15&O
27	11	1:27.94	100 Backstroke			28		
	12	1:21.89						
	13	1:18.14					1:14.69	13
	14	1:14.39					1:10.29	14
	15&O	1:13.29					1:06.39	15&O
29	11	7:09.79	500 Freestyle			30		
	12	6:40.09						
	13	6:31.24					6:21.39	13
	14	6:22.39					6:07.79	14
	15&O	6:14.99					5:44.19	15&O
31	11	44.44	50 Breaststroke			32		
	12	41.09						
	13	1:26.89					1:23.39	13
	14	1:24.49					1:18.39	14
	15&O	1:22.69					1:14.99	15&O

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33	11 12 13 14 15&O	1:27.34 1:20.29 2:47.84 2:43.89 2:40.69	100 Individual Medley	2:41.69 2:33.69 2:26.99	13 14 15&O	34
35	11 12 13 14 15&O	2:45.04 2:31.79 2:28.59 2:25.39 2:22.39	200 Freestyle	2:22.14 2:16.29 2:10.89	13 14 15&O	36
37 39	11-12 13 & o		200 Medley Relay	13 & o		40
41	11 12 13 14 15&O	6:16.19 6:06.19 5:56.19 5:46.19 5:40.29	400 Individual Medley	5:43.59 5:27.59 5:13.19	13 14 15&O	42

SUNDAY - ORDER OF EVENTS FOR SESSION 3

SWIMMERS MUST CIRCLE IN FOR THE 400 IM & 1000 FREE BY THE START OF THE APPLICABLE SESSION. SWIMMERS IN THE 400 IM AND 1000 FREESTYLE MUST SUPPLY OWN TIMERS AND COUNTERS. EVENTS/HEATS WILL BE COMBINED WHENEVER POSSIBLE.

Female	Age	Slower Than	Event Description	Slower Than	Age	Male
			200 Butterfly	2:59.09 2:51.49	11 12	44
45	9 & u 10	46.09 43.49	50 Backstroke	47.44 43.89 40.34 36.79	9 & u 10 11 12	46
47	9 & u 10	1:54.89 1:46.69	100 Breaststroke	1:52.99 1:44.79 1:36.59 1:28.39	9 & u 10 11 12	48
49	9 & u 10	3:33.19 3:19.39	200 Individual Medley	3:32.29 3:18.09 3:03.89 2:49.69	9 & u 10 11 12	50

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51	9 & u 10	1:29.09 1:22.09	100 Freestyle	1:25.89 1:19.99 1:14.04 1:08.09	9 & u 10 11 12	52
53	9 & u 10	46.79 42.99	50 Butterfly	45.24 41.99 38.74 35.49	9 & u 10 11 12	54
			200 Backstroke	2:52.99 2:46.59	11 12	56
57	10 & u		200 Freestyle Relay		12 & u	58
			1000 Freestyle	14:12.39 13:52.99	11 12	60

SUNDAY - ORDER OF EVENTS FOR SESSION 4

SWIMMERS MUST CIRCLE IN FOR THE 400 IM & 1000 FREE BY THE START OF THE APPLICABLE SESSION. SWIMMERS IN THE 400 IM AND 1000 FREESTYLE MUST SUPPLY OWN TIMERS AND COUNTERS. EVENTS/HEATS WILL BE COMBINED WHENEVER POSSIBLE

Female	Age	Slower Than	Event Description	Slower Than	Age	Male
61	11 12 13 14 15&O	2:59.19 2:52.99 2:46.99 2:40.99 2:38.79	200 Butterfly	2:42.04 2:32.59 2:25.59	13 14 15&O	62
63	11 12 13 14 15&O	40.29 37.09 1:18.14 1:14.39 1:13.29	50 Backstroke	1:14.69 1:10.29 1:06.39	13 14 15&O	64
65	11 12 13 14 15&O	1:37.99 1:29.29 1:26.89 1:24.49 1:22.69	100 Breaststroke	1:23.39 1:18.39 1:14.99	13 14 15&O	66

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67	11 12 13 14 15&O	3:05.59 2:51.79 2:47.84 2:43.89	200 Individual Medley	2:41.69 2:33.69	13 14 15&O	68
69	11 12 13 14 15&O	1:15.19 1:08.29 1:07.84 1:07.39 1:06.19	100 Freestyle	1:05.49 1:02.89 59.99	13 14 15&O	70
71	11 12 13 14 15&O	39.19 35.39 1:17.19 1:13.79 1:12.39	50 Butterfly	1:13.99 1:08.69 1:05.59	13 14 15&O	72
73	11 12 13 14 15&O	2:54.39 2:50.19 2:44.89 2:39.59 2:37.99	200 Backstroke	2:38.84 2:31.09 2:23.69	13 14 15&O	74
75 77	11-12 13 & U		200 Freestyle Relay	13 & o		78
79	11 12 13 14 15&O	14:17.39 13:57.39 13:32.84 13:08.29 12:55.49	1000 Freestyle	13:16.49 12:39.99 12:08.19	13 14 15&O	80